

KIDS

Tasks chart

This chart is a simple way to teach your children to help out at home whilst learning lifelong skill.

So depending on what chores you believe are important for your children to learn, you can find guidance here.

This chart has a list of "age-appropriat" chores that you can teach your kids to use. The following list is only meant as a guide and reflects the types of chores that many children in specific age ranges are capable of completing.

- Print out the blank chart and name it.
- Print out & cut out the list of chores and choose the ones you want to use. You can even create your own.
- Use repositionable sticky dots or tack.

Have fun!

DINA

Tasks chart

TO DO

DONE

Help clear
the table

Put toys away

Help set
the table

Tasks chart

TO DO

DONE

A large rectangular box with a thin black border, intended for listing tasks. At the top of this box is a smaller, horizontally-oriented rectangular box, also with a thin black border, serving as a header area for the task list.

A large, empty rectangular box with a thin black border, intended for listing completed tasks.

TASKS

4 to 5 years old

Wipe the table
or surfaces

Put toys away

Feed the pet
(supervised)

Make my bed
with a bit of
help(or not)

Help set
the table

Help clear
the table

Help carrying
the shopping
home

Sweep
kitchen floor

Cut and stick me

TASKS

4 to 5 years old

Put your dirty
laundry in the
laundry basket

Help prepare
food with
an adult

Feed the pet
(supervised)

Make my bed
with a bit of
help(or not)

Sort clean
socks out

Cut and stick me on your chart.
Create your own tasks in the empty boxes.

TASKS

6 to 7 years old

All of the above +

Make my bed
every day

Brush teeth &
comb hair

Get dressed
by myself

Wash myself

Hoover & dust
my bedroom

Put the clean
laundry in the
drawers

Put the dishes
in the
dishwasher

Empty the
bins &
recycling

Cut and stick me on your chart.
Create your own tasks in the empty boxes.

TASKS

8 to 11 years old

All of the above +

Keep my room
clean

Do my
homework

Get dressed
by myself

Wash the
dishes

Prepare easy
meals
(supervised)

Clean the
bathroom
(supervised)

Learn to use
the washer
and dryer

Put all laundry
away
(supervised)

Cut and stick me on your chart.
Create your own tasks in the empty boxes.

TASKS

12 to 13 years old

All of the above +

Set their alarm
clock

Change bed
sheets

Change light
bulbs

Change the
vacuum bag

Clean mirrors

Put clean
dishes away

Mown the lawn
(supervision)

Prepare a
simple family
meal

Cut and stick me on your chart.
Create your own tasks in the empty boxes.

TASKS

14 to 15 years old

All of the above +

Wash windows
with
supervision

Prepare a
meal

Babysit

Do the chores
without
prompting

Empty box for task entry.

Empty box for task entry.

Empty box for task entry.

Empty box for task entry.

Cut and stick me on your chart.
Create your own tasks in the empty boxes.

TASKS

16 to 18 years old

All of the above +

Earn spending
money

Purchase their
own clothes

Do housework
as needed

Do outside
work as
needed

Prepare &
shop for
family meals

Clean
household
appliances

Cut and stick me on your chart.
Create your own tasks in the empty boxes.