

KIDS

Tasks chart

This chart is a simple way to teach your children to help out at home whilst learning lifelong skill.

So depending on what chores you believe are important for your children to learn, you can find guidance here.

This chart has a list of "age-appropriate" chores that you can teach your kids to use. The following list is only meant as a guide and reflects the types of chores that many children in specific age ranges are capable of completing.

- Print out the blank chart and name it. - Print out & cut out the list of chores and choose the ones you want to use. You can even create your own. - Use repositionable sticky dots or tack.

Have fun!

KIDS

DINA'S

Tasks chart

TO DO

DONE

Help clear
the table

Put toys away

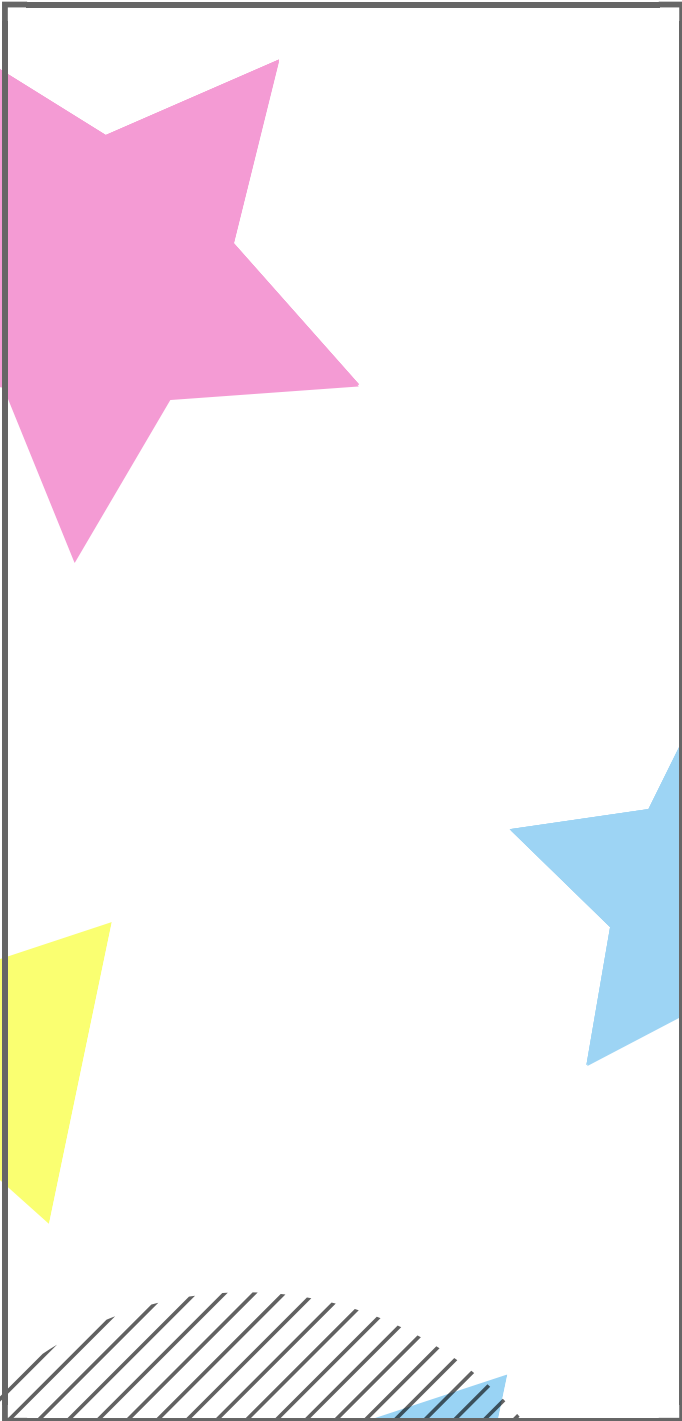
Help set
the table

KIDS

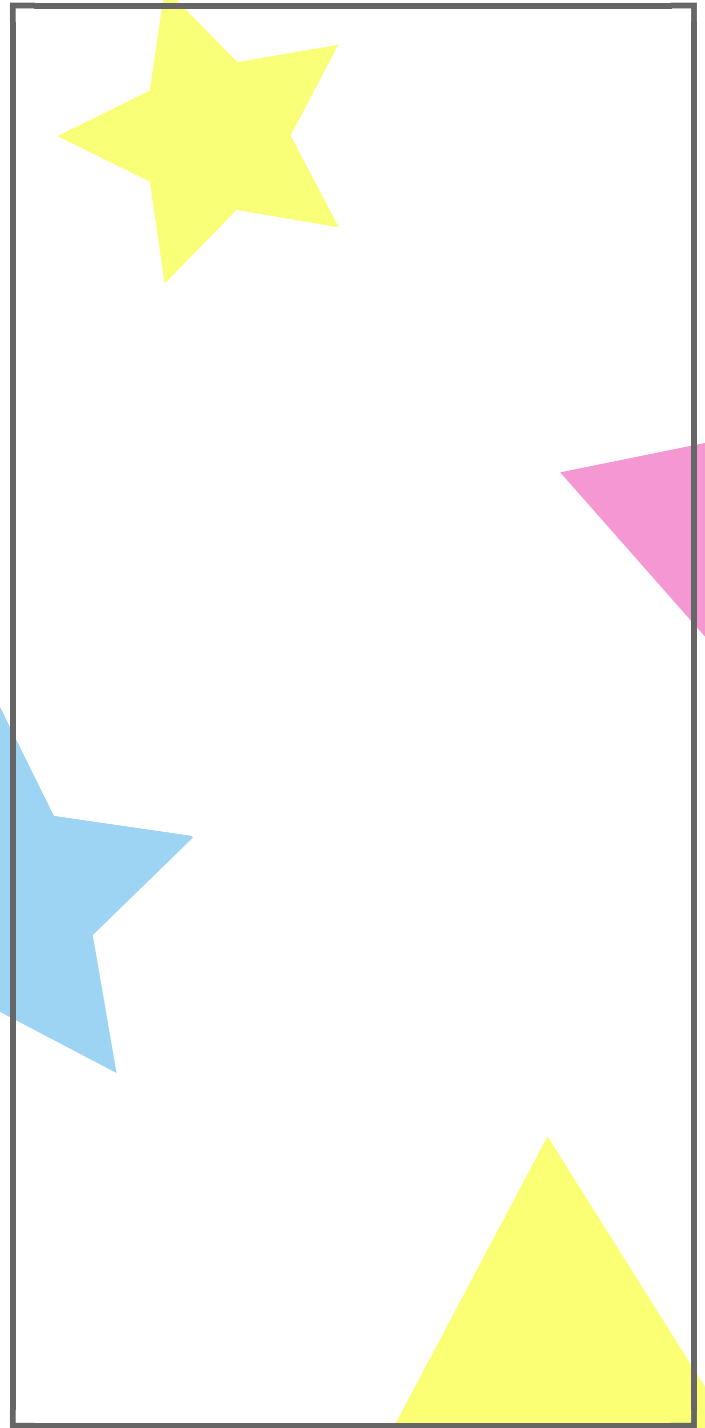
Tasks chart

TO DO

DONE



An empty rectangular box with a black border, intended for listing tasks. It is decorated with a large pink star on the left side, a yellow triangle at the bottom left, and a blue star at the bottom center. The background features a pattern of diagonal black lines.



An empty rectangular box with a black border, intended for listing completed tasks. It is decorated with a yellow star at the top left, a pink triangle on the right side, and a yellow triangle at the bottom right. The background features a pattern of diagonal black lines.

KIDS

TASKS

4 to 5 years old

Wipe the table
or surfaces

Put toys away

Feed the pet
(supervised)

Make my bed
with a bit of
help(or not)

Help set
the table

Help clear
the table

Help carrying
the shopping
home

Sweep
kitchen floor

Cut and stick me

KIDS

TASKS

4 to 5 years old

Put your dirty laundry in the laundry basket

Help prepare food with an adult

Feed the pet (supervised)

Make my bed with a bit of help (or not)

Sort clean socks out

Cut and stick me on your chart.

Create your own tasks in the empty boxes.

KIDS

TASKS

6 to 7 years old

All of the above +

Make my bed
every day

Brush teeth &
comb hair

Get dressed
by myself

Wash myself)

Hoover & dust
my bedroom

Put the clean
laundry in the
drawers

Put the
dishes in the
dishwasher

Empty the
bins &
recycling

Cut and stick me

KIDS

TASKS

8 to 11 years old

All of the above +

Keep my room
clean

Do my
homework

Get dressed
by myself

Wash the
dishes

Prepare easy
meals
(supervised)

Clean the
bathroom
(supervised)

Learn to use
the washer
and dryer

Put all
laundry away
(supervised)

Cut and stick me

KIDS

TASKS

12 to 13 years old

All of the above +

Set alarm clock

Change bed sheets

Change light bulbs

Change the vacuum bag

Clean mirrors

Put clean dishes away

Mow the lawn (supervision)

Prepare a simple family meal

Cut and stick me

KIDS

TASKS

14 to 15 years old

All of the above +

Wash windows
with
supervision

Prepare a
meal

Babysit

Do the chores
without
prompting

Cut and stick me on your chart.
Create your own tasks in
the empty boxes.

KIDS

TASKS

16 to 18 years old

All of the above +

Earn spending
money

Purchase their
own clothes

Do housework
as needed

Do outside
work as
needed

Prepare &
shop for
family meals

Clean
household
appliances

Empty box for task entry

Empty box for task entry

Cut and stick me on your chart.
Create your own tasks in
the empty boxes.